

TRIPLE L

Choreographer Jérémie Tridon with Brigitte Zerah and Audrey Gendre

Description: 72 counts, 1 wall, Lilt (ecs)

Level: Crown

Music: 'Live, Laugh and Love' by Lonestar special edit (137BPM)

Official UCWDC competition dance description

Date of usage 8 September 2011

Start the dance facing 1:30

1-8: KICK BALL STEP, SAILOR STEP, TRIPLE FORWARD, SCUFF AND STEP BACK

- 1&2 R kick ball step
- 3&4 R sailor step
- 5&6 L triple forward
- 7&8 Scuff and hitch R, R step back

9-16: BIG STEP BACK, WEAVE, 1/4T AND TRIPLE FORWARD

- 1-4 Big step back L and drag R to L
- 5&6 Cross R behind L, L step to left, cross R in front of L
- 7&8 1/4T left and L triple step forward (9:00)

17-24: 3/4T LEFT, SIDE ROCK, BEHIND, SIDE, CROSS, HOLD

- 1-2 1/2T left and R step back, 1/4T left and touch L next to R (face 12:00)
- 3-4 L side rock
- 5-6 L cross behind R, R step to right
- 7-8 L cross in front of R, hold

25-32: 1T1/4 RIGHT, WEAVE, HEEL BOUNCES, AND CROSS

- 1-2 1T1/4 right on L with R rondé from front to back
- 3&4 Cross R behind L, L step to left, cross R in front of L (face 3:00)
- 5 L step to side
- &6&7 Heel bounce twice
- &8 Small L step back, cross R in front of L

33-40: STEP, KICK, WEAVE, KICK TWICE, SAILOR STEP

- 1-2 1/8T left and step L forward (1:30), kick R forward
- 3&4 Cross R behind L, L step to left, cross R in front of L (face 12:00)
- 5&6 Kick L to 10h30 twice
- 7&8 L sailor step

41-48: KICKS

- 1-2 Kick R in front of L, kick R to side
- 3-4 Kick R behind L, kick R to side
- 5-8 Repeat 1-4 (*option: High kick to side on 8*)

49-56: WEAVE, 2 TRIPLE FORWARD, STEP TURN

- 1&2 Cross R behind L, L step to left, cross R in front of L
- 3&4 L triple step forward to 10:30
- 5&6 R triple forward to 10:30
- 7-8 Step L forward, 1/2T right

57-64: TRIPLE, TOUCH, HOP, TRIPLE BACK, ROCK STEP

- 1&2 1/2T right and L triple back
- 3&4 Touch R behind L, hop on L, R step back
- 5&6 L triple back
- 7-8 R rock step back

65-72: 2 T LEFT, OUT-OUT IN-IN TWICE

- 1-2 Full turn left
- 3-4 Full turn left
- &5&6 Out-out (facing 1:30), In-In facing 12:00)
- &7&8 Out-out (facing 10:30), In-In
- & Face 1:30 to start again

Tag 16 counts - after 2nd wall

1-8: CROSS, KICK, WEAVE, TRIPLE, 3/4T

- 1-2 Cross R over L, kick L to diagonal
- 3&4 Cross R behind L, L step to left, cross R in front of L
- 5&6 1/4T right and R triple forward
- 7-8 1/2T right and L step back, 1/4T right and R step to side

9-16 : CROSS, KICK, WEAVE, TRIPLE, 3/4T

- 1-2 Cross L over R, kick R to diagonal
- 3&4 Cross L behind , R step to right, cross L in front of RL
- 5&6 1/4T right and L triple forward
- 7-8 Step R forward, 3/4T left passing weight on L